

Three countries came TOGETHER to create this book

Germany, Kenya, India



1 NO
POVERTY



SUSTAINABLE
DEVELOPMENT

GOALS

NURSERY RHYMES OF OUR TIMES

NO POVERTY

Suvasri De



DONATE WHAT YOU DON'T USE.

More than 700 million people still live in extreme poverty.



**1 NO
POVERTY**



**SUSTAINABLE
DEVELOPMENT GOALS**

NURSERY RHYMES OF OUR TIMES

Preface

Nursery Rhymes of Our Times – A Global Effort by Young
Hearts-brought together by GlobalSocial-network e.V.

This rhyme book is part of a very special series called
"Nursery Rhymes of Our Times."

It is based on the 17 Sustainable Development Goals (SDGs)
set by the United Nations.

These goals include important issues like Zero Hunger, No
Poverty, Gender Equality, Quality Education, and many
more.

TOGETHER
WE ARE
STRONG!



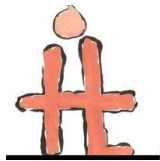
GlobalSocial
-network e.V.



Together for a Better Future

Writing about poverty is hard—it's real, painful, and unjust. But through the voices of young artists from Hope Theatre Nairobi, who grew up in Kenya's slums, we found a way to speak with hope, not pity. Their rhythm and resilience inspired this book of nursery rhymes on SDG 1: No Poverty.

The verses are simple yet strong, shaped by children and communities who live with poverty but also dream beyond it.



Step 1:

17 Goals – 17 Songs

Each team chose one sustainability goal. They had online discussions and shared ideas to understand the issue. Then, together, they wrote songs that explain the goal in a simple and musical way.
17 goals – 17 teams –
17 songs.

At Barnabas Children's Center, the mission is simple but powerful: "Putting a Smile :)". That smile comes not only from food, shelter, and education—but from love. Many children in Kenya face life without the most basic things, but Barnabas works every day to change that, supporting over 500 children in schools and 52 children in their orphanage with care that touches the heart and builds a future.



Step 2: Songs Become Music Videos

Next, these songs were turned into music videos. Each country added its culture, traditions, and colorful visuals to the videos. This made the songs come alive and helped show the beauty of our global teamwork.

Step 3: Drawings by Children

The music and teamwork inspired children to create drawings. They used colours and shapes to express what they had learned and felt.

These drawings came from deep conversations, new ideas, and global friendships.

1 NO POVERTY



This book SDG1
is illustrated by students of
Hope Theatre Nairobi
and
Barnabas Children's Center.

Step 4: From Drawings to Rhymes

These drawings and ideas inspired Indian children's writer Suvasri De, who is also a partner of Global Social India.

She wrote 17 nursery rhyme books, one for each goal, using the drawings made by children from around the world.

Suvasri believes that today's children need rhymes that talk about real problems in today's world, and real ways to solve them.



The Journey Continues...

The project doesn't end here.

GlobalSocial-network e.V. is working on more exciting projects—

like children's theatre, storytelling, and educational programs—to keep raising awareness and inspiring young minds everywhere.

Together, one step at a time, we can build a kinder, fairer, and more peaceful world.

Let's start with a rhyme.

To listen to all
17 SDG songs
scan here



To watch
music video
scan here



To contribute
to our project
scan here



GlobalSocial-network e.V.
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BIC: HELADEF1SAR

<https://www.17ziele-17songs.org/>

<https://www.globalsocial-network.org/>

<https://www.globalsocialindia.org/>

1. A Bowl of Grace

Let's build a world where no one cries,
Because they can't afford their rice.

Let's fill each bowl with warmth and grace,
And put a smile on every face.



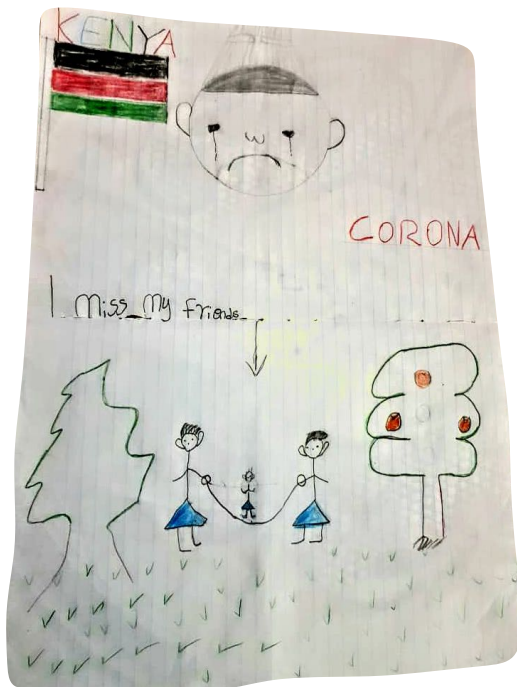
2. A World That's Wise

If we build a home with care,
And teach to read, and always share,
No child will sleep with hungry eyes—
That's how we make a world that's wise!



3. Begin with You and Me

Don't just wish, begin today,
To help poor children work and play.
With open minds and hands that give,
We show them all a way to live.



4. Bridge of Hope

Mothers dream and children try,
But dreams fall short when pockets dry.
So let's build bridges made with grace,
To bring them to a safer place.



5. Chance to Dance

Every child deserves a chance,
To sing, to run, to learn, to dance.
So let's help dreams come true today,
And poverty will fade away.



6. Coins of Kindness

A little coin, a little bread,
Can keep a family warm and fed.
Together we can do our part,
To heal the world and warm each heart.



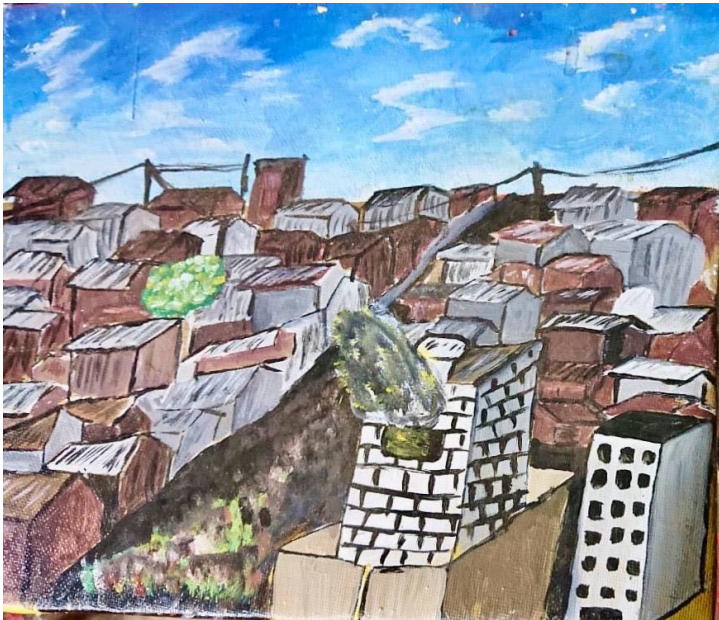
7. Every Right, Every Light

Every person, big or small,
Should have rights and dreams and all.
To eat, to sleep, to learn and grow,
And watch a better world soon glow.



8. Food for All

From every farm and every shore,
Let's bring food to every door.
When no one's left behind to fall,
Then we've truly helped them all!



9. Gift of a Book

Give a child a book, a smile,
A warm place to stay a while.
Then watch them grow and learn to lead,
With all the love and care they need.



10. Go Away, Poverty!

Poverty, poverty, go away,
Come again no other day.
Give each child a meal and bed,
And dreams to chase with books to read.



11. Helping Nets

Social nets and helping hands,
Should stretch across all lands.
To catch the ones who fall below,
And give them strength to grow and glow.



12. Home at Last

When families have no home or heat,
They need strong shoes and steady feet.
We build with love, and bricks of care,
So all may rest in safety there.



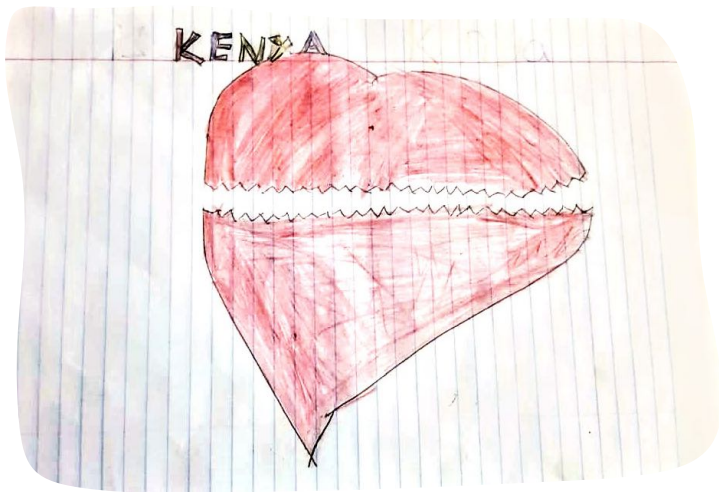
13. Let Kindness Ring

No more hunger, no more fear,
Let kindness ring both far and near.
A meal, a home, a chance to shine—
These simple gifts should all be mine.



14. Lifting Hearts

A world that's fair is what we seek,
Where strong help out the small and weak.
We lift them up, we let them grow,
And make a brighter world we know.



15. Little Things, Big Smiles

One warm coat, one full bowl,
Keeps a tiny heart feeling whole.
Let's share and care, and always try,
To lift each other high and high!



16. Lunch Box and Dreams

One lunch box, one pencil case,
Can put a smile on every face.
When we give, the world gets bright,
Together we can make things right!



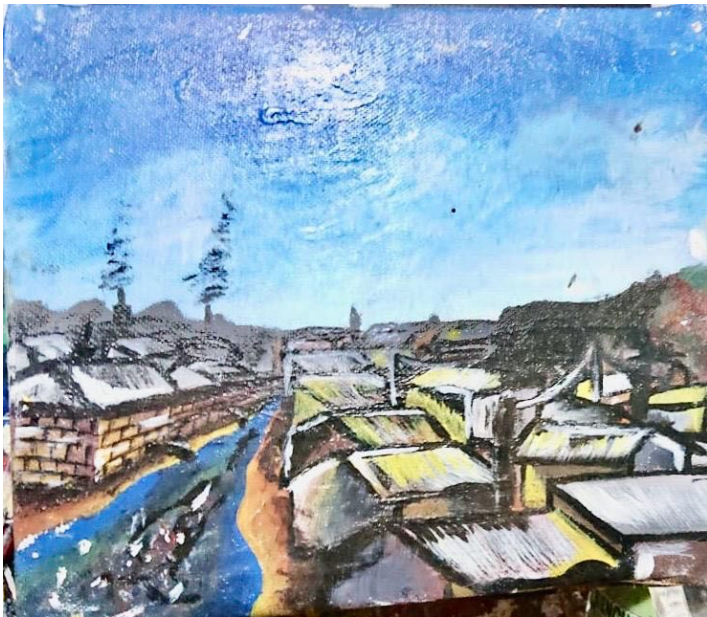
17. Plans That Protect

Social help must always stay,
For those in need along the way.
With every plan that's smart and kind,
We help the world leave none behind.



18. Rainbows After Storms

In the city or countryside,
Poverty's a storm we must ride.
But rainbows form when hearts unite,
And turn the dark to morning light.



19. Rise and Stand

Raise your voice, take a stand,
Help poor children across the land.
With open hearts and helpful hands,
We'll build strong dreams on peaceful sands.



20. Safe and Warm

To school, to play, to sleep at night,
Shouldn't be a hopeful fight.

Let's make sure each child can say,
"I'm safe and warm today, hooray!"



21. Share the Pie

Hunger knocks on too many doors,
While plenty fills some mighty stores.
Let's share our pie, our cake, our bread,
So every child is warm and fed.



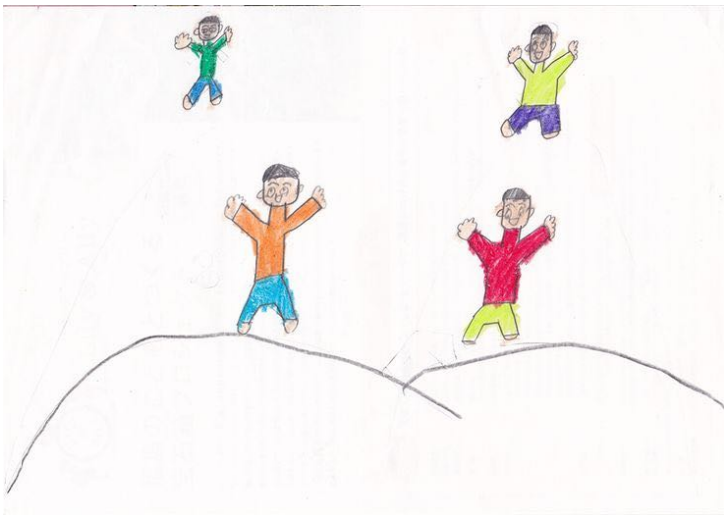
22. Social Plans That Protect

Social help must always stay,
For those in need along the way.
With every plan that's smart and kind,
We help the world leave none behind.



23. Start the Change

Let's not wait for someone new,
The work begins with me and you.
To share, to teach, to give and guide,
So no one's left to run and hide.



24. Two Coins a Day

Less than two coins a day they earn,
Yet dreams still in their young hearts burn.
Let's give them tools, let's lend a hand,
So every child can proudly stand.



25. Work and Wonder

Some kids work and never play,
Just to get one meal a day.
Let's give them time to read and rest,
Because every child deserves the best.



26. The Penny Tree

Let's plant a little penny tree,
And water it with empathy.
It won't grow coins or golden things,
But joy and food and hope it brings!



27. Fill the Cup

Fill the cup, not just your own,
Let kindness bloom, let care be shown.
A little meal, a little light,
Can help someone sleep well at night.



28. Shoes to Share

I've got shoes and so do you,
But some kids walk with soles worn through.
Let's share a pair, or even two—
So every step brings something new.



29. No More Empty Plates

Empty plates make empty hearts,
Let's do our little, loving parts.
Cook an extra, waste no bite—
Make every dinner warm and right.



30. Packaging Palooza

So much wrapping, ribbons tight,
Plastic here, not quite right!
Choose less packing, simple style—
It helps the Earth and makes her smile.



31. Tiny Hands, Big Plans

Tiny hands can build and grow,
If we give them space to glow.
School and food and love and play—
Can take all pain and fear away.



32. One Blanket More

One warm blanket, one more bed,
One less child with a tired head.
Let's build homes and dreams anew—
For kids like me and kids like you.



33. The Wishing Spoon

I made a wish with my silver spoon,
For food and smiles and a sunny noon.
Not just for me, but every friend—
So hunger meets a gentle end.



34. Jobs for All

Jobs for big folks, jobs for all,
Let's make space and stand up tall.
With hands that help and minds that shine,
We build a world that feels just fine.



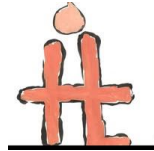
10. Sing for Justice

Sing a song so bright and true,
For justice fair and wages due.
For moms and dads and sisters too,
Who dream of chances, just like you.



The Project Partners

Hope Theatre Nairobi



Hope Theatre Nairobi is a vibrant socio-political theater group founded in 2009 in the slums of Nairobi. Through powerful performances and educational outreach, they raise awareness on poverty, justice, and sustainability from an authentic African perspective. Their work bridges cultures, promotes dialogue, and empowers youth, especially girls, through arts and education—both in Kenya and across Europe.



Mein Glaube ist persönlich,
er kommt aus meiner Seele
Schau dir meine Welt an, meine Erfahrung
und mein Leben an,
aber nicht meine Religion.



Evangelische Johannesschule Saalfeld

The Evangelische Johannesschule Saalfeld is a Christian primary school in Germany with a special focus on music and religious education. Founded in 2007, the school embraces children from all backgrounds, nurturing each child with values of compassion, creativity, and inclusion. Their holistic and child-centered approach makes them a committed partner in global learning and SDG education.



Barnabas Children's Center



Based in Kenya, Barnabas Children's Center is dedicated to caring for orphans and vulnerable children by providing love, education, food, and shelter. With their heartfelt motto "Putting a Smile :)", they currently support over 500 school children and 52 in their orphanage. Their mission is to meet the holistic needs of each child and help them grow into responsible, empowered adults



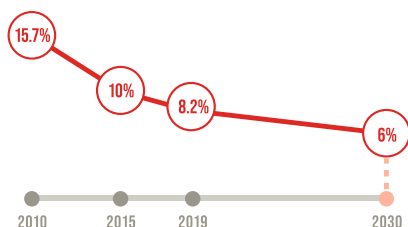
1 NO POVERTY



END POVERTY IN ALL ITS FORMS EVERYWHERE

BEFORE COVID-19

THE WORLD
**WAS OFF TRACK TO
END POVERTY BY 2030**



COVID-19 IMPLICATIONS

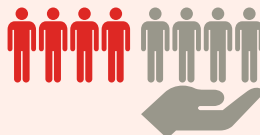


COVID-19 CAUSES
THE FIRST INCREASE
IN GLOBAL POVERTY IN DECADES

**+71 MILLION PEOPLE ARE PUSHED
INTO EXTREME POVERTY IN 2020**



**YOUNG WORKERS ARE
TWICE AS LIKELY TO BE
LIVING IN EXTREME POVERTY
AS ADULT WORKERS (2019)**



**4 BILLION PEOPLE
DID NOT BENEFIT
FROM ANY FORM OF
SOCIAL PROTECTION IN 2016**

**NATURAL DISASTERS
EXACERBATE POVERTY**



**\$23.6 BILLION
DIRECT ECONOMIC LOSSES
(FROM 63 COUNTRIES IN 2018)**



**SUSTAINABLE
DEVELOPMENT GOALS**

ACCESS MORE DATA AND INFORMATION ON THE INDICATORS AT [HTTPS://UNSTATS.UN.ORG/SDGS/REPORT/2020/](https://unstats.un.org/sdgs/report/2020/)



NURSERY RHYMES OF OUR TIMES

What you can do
with this book

Read them yourself

Learn NEW WORDS

Make them into songs
record them and
SEND IT TO US
at 91 9830241585

Most importantly
spread the good thoughts
and be a CLIMATE CHAMPION

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